

## **Frequently asked questions about LASER myopia / hyperopia / astigmatism**

### **Am I a suitable candidate for eye surgery using the LASER method?**

If you are over 20 years of age and have no chronic diseases in the retina or cornea of the eye or any other ophthalmological condition, then it is likely that you are fit. You should have fixed degrees of refractive correction for at least one year. If you are a good woman, refractive surgery does not coincide with pregnancy or breastfeeding.

### **Who can not eye surgery with LASER?**

For some patients the potential risks are greater than the intended result. The main reasons for deterrence are:

- Diseases that do not allow the body to directly heal wounds such as rheumatoid arthritis, lupus and other autoimmune diseases.
- Diseases accompanied by thinning of the cornea, such as keratoconus.
- Taking medication that acts side-by-side, such as some acne medications.

### **What is preoperative control?**

Preoperative testing is a series of examinations that will determine if refractive surgery is appropriate for your eyes and which technique will be applied.

Users of soft contact lenses should avoid contacting lenses at least 14 days prior to testing, in order to obtain accurate measurements. For hard-lens users, the abstinence interval is one month.

### **How does LASER work?**

The surgery lasts about 7 to 10 minutes per eye, or about 15-20 minutes for both eyes.

### **Is it painful to use LASER? Will I feel annoyed after?**

The surgery is almost painless because it is done with anesthetic drops. Some patients feel a slight discomfort after the anesthetic has lasted for several hours. It can also cause sensitivity to light for a few days after surgery.

### **How fast will I see after LASER?**

Restoration of vision is very fast. Most patients usually see the day after surgery. Your vision during the first 6 hours after surgery will be slightly blurred, there may also be a slight sensitivity. Calculate 2-5 days for gradual return to work. Your life without glasses begins immediately after surgery. For the next 6 months, your dilation may fluctuate slightly until it finally stabilizes.

### **Is the correction permanent?**

The refractive correction is permanent.

### **Do I need special care after my eyes?**

Care is done as directed by your doctor. Use the eye drops and moisturizers recommended by your doctor. Try not to rub or touch your eyes for at least 3 weeks after surgery. With any signs of pain or reduced vision, you should contact your doctor immediately.

### **When can I whip my hair, shower or swim?**

You can wash your hair or shower with care, but do not drop water or soap in your eyes. Swimming in a swimming pool or any sea sports is prohibited for about 2 months.

### **Do I have to rest after surgery?**

Sleep will help the initial period after surgery to be without hassles. When you return home, try to sleep for a few hours. There is a case of tearing, do not worry is a common phenomenon.

### **When can I go back to my job?**

Returning to work depends on the individual and type of work. Most patients can return to work within two to four days of the day of surgery. If you can, we would suggest that you avoid hard work in the next few days, as well as engaging in sports activities.

### **Will I need glasses for reading after Laser?**

Patients under the age of 40 usually read well after surgery. Patients over the age of 40 may need glasses to read the fine print. For close vision after 45 years, helmets will be necessary if we have not chosen the monovision solution.

### **Can I drive after surgery?**

Avoid driving immediately after surgery. Usually we can drive the next day, but do not drive until your doctor has allowed you.

### **When can I use makeup in my eyes?**

Do not use eye makeup for 3 weeks and avoid using mascara for 1 month after surgery

How Do I Protect My Eyes?

Wear sunglasses with 100% UV protection during the day. Avoid places with dust, smoke, air.

### **Is the intervention safe?**

After surgery, side effects are generally minimal. Due to the development and experience gained, the complications are becoming more and more rare so today we can say that the chances of contact lens infection are greater than the chance of complication during the refractive surgery.

### **How often are post-operative controls required?**

Postoperative visits are an essential part of the correction of laser refractive errors and their frequency is personalized.

### **How will my vision be in the next few days from LASER?**

Expect your vision to fluctuate for some time. Your close vision may be blurred for 1 week and 10 days, your distant vision may fluctuate up to the next 3 months. Contact your ophthalmologist as soon as you see it diminish or blur your vision significantly for more than 24 hours if you notice redness or feel intense pain in your eyes.

### **Is it possible to remain myopia, hyperopia, or astigmatism?**

The likelihood of a certain myopia, hyperopia, or astigmatism remaining after surgery is minimal. Tenth myopia, hyperopia or astigmatism remain when your eye reacts differently than expected in Laser therapy.

New correction can usually be made, but less than 1 grade is not recommended.

**Our Ophthalmology Clinic offers personalized health services based on modern scientific data using state-of-the-art medical equipment.**

**Do not hesitate to contact any of the ophthalmic problems you are concerned with.**